I CAN HELP! A List of Chores by Age

2-3 Years

- pick up toys
- stack books
- wipe up spills
- throw trash away
- fetch diapers & wipes
- clear place setting
- help put away groceries
- put dirty clothes in laundry
- help move clothes from washer to dryer
- try to match socks
- wipe baseboards with soapy water

4-5 Years

- make bed
- put away toys
- straighten bedroom
- unload dishwasher - *silverware, plastic cups, & tupperware*
- sort laundry & put clothes in drawers
- feed pet
- prepare easy snacks
- set the table
- pull weeds
- water plants
- use hand-held vacuum

6-7 Years

- bring in the mail
- help fold laundry
- make simple foods
- unload dishwasher
- set the table
- wipe off table
- assist with mopping & vacuuming floors
- help with dusting
- tidy up rooms used by the family
- wipe the mirrors
- collect the garbage
- weed garden
- rake leaves

8-9 Years

- operate washer & dryer
- fold & hang laundry
- dust the furniture
- load & unload dishwasher
- pour drinks for meals
- put groceries away
- walk the dog *with adult supervision*
- brush the dog & care for pet needs
- sweep the patio
- cook simple foods
- wash the car

10-11 Years

- wake up with alarm clock
- help make their school lunch
- manage allowance
- fold & put away laundry
- prepare simple meals
- load & unload dishwasher
- vacuum
- clean the bathroom
- wipe the countertops
- take garbage & recycling to curb

12+ Years

- mop & vacuum floors
- wash/vacuum car
- paint the walls
- help shop for groceries with list
- cook dinner
- bake treats & dessert
- do simple home repairs
- mow the yard
- wash windows
- iron clothes
- watch younger siblings
- after school job

Adore Them