One-Handed Snack Ideas

TRAIL MIX
GRANOLA BARS
PROTEIN PACKS
GRANOLA
CHEESE & CRACKERS
MUFFINS
HARD BOILED EGGS
PRE-CUT FRUIT
PRE-CUT VEGGIES
BAGEL BITES
PRETZELS
TORTILLA ROLLUPS
SMOOTHIES
PRETZELS
GOGURT

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