

## Baked White Fish with Pesto

Prep	Cook	Total
5 min	10 min	15 min

**Serving:** 4

Four ingredients and 15 minutes is all you need to make this simple, delicious dinner!

### Ingredients

- 1 tbsp **coconut oil** *melted*
- 6 tbsp **pesto**
- 4 tbsp **whole wheat breadcrumbs**
- 4 **white fish fillets** (*such as cod or haddock*)

### Directions

1. Preheat oven to 375. Spread the coconut oil on a large rimmed baking sheet and set aside.
2. Combine pesto and breadcrumbs in a small bowl. Mix with a spoon or your fingers.
3. Place the fish fillets on the baking sheet. Spread a heaping spoonful of the pesto mixture onto each piece of fish, gently pressing down.
4. Bake 8-10 minutes, until fish flakes easily with a fork.

